

# Health Convention

Spring into Health!

**30th October – 1st November 2009**

Friday: 7:15pm; Saturday: 3:00 - 6:30pm; Sunday: 5:15 - 9:00pm

## Venue

**Balcombe Heights Estate** (Community Centre)  
92 Seven Hills Road, Baulkham Hills, NSW  
(Entry opposite Jasper Road Primary School)

- Stamford Hall – Friday
- Thompson Hall – Saturday & Sunday

## Bookings Essential

To register, please call Tabitha on: (02) 9627 9814  
or 0433 239 955; alternatively, send an e-mail to:  
[info@elimhealth.org.au](mailto:info@elimhealth.org.au)

Free

## Special features

*Saturday:*

1:30pm Vegetarian Buffet Lunch

7:30pm Healthful Living Concert

## Topics

- ✓ Veggie Kids
- ✓ Beat Allergies, Colds and Flu
- ✓ Spring into Action
- ✓ The Miracle Ingredient
- ✓ Defeating Diabetes

## Speakers



**Alasdair Pow**  
*Naturopath*



**Susan Lausevic**  
*Colon Therapist*



**Tania Gordon**  
*Massage Therapist*

A Health Body is no Accident

SPRING INTO HEALTH Seminar is a FREE community service provided by Elim Health Centre