

AUSTRALASIAN GOOD TIDINGS

E-NEWS – 31 December 2014 #36

Elected 4 Glory – AUC Youth Convention

22-28 December 2014



Elected 4 Glory Youth Camp – Elim Heights

It was with great excitement and anticipation that we looked forward to the Youth Convention. A bit more planning and purchasing went into our preparations this year as we had been told that there would be three days of Wilderness Wandering - walking in nature through the Australian bush, carrying our own camping gear and bedding. That was a daunting prospect to some, whereas others were very excited about the challenge. The small tents, backpacks and sleeping bags that we bought were tried out (we even had a tent set up in our lounge room the night it was brought home) and all were measured for size and weight etc.

Finally the day came when we travelled to camp, arriving in time for tea and the opening meeting. After a good night's sleep, worship and breakfast we gathered at the meeting place to be briefed about our

In this Issue

Elected 4 Glory – AUC Youth Convention	1
Summer School – Elim Heights, NSW, Australia	6
Woombye Church, Queensland – 2014 Activity Report	8
The Power of Song – Thoughts from E G White.....	9
Condolences to Volpp Family – Wilhelm Volpp.....	10
Condolences to Gorsch Family	11
Baptism - New Zealand.....	11
Condolences to Cay-ohen Family – Philippines.....	15
Cardio Health – Wentworthville Outreach	16
December Youth Focus Meeting - NSW.....	18
Missionary Outreach – Adventist Aged Care	19
WA Field Youth Camp 2015 – Easter Weekend.....	20
RLPA - News.....	22
Coming Events Calendar	22



walking/camping trip. We were pleasantly surprised to find that there were seventy-five people eager to begin the trek. It had been well planned and thought out and after a few extra questions we all dashed off to grab our things, not wanting to be last or keep anyone waiting. It took longer than expected but we finally set off along the track and after a short trek, arrived at the lunch site. While we waited for the lunch to arrive (thankfully all meals were provided and delivered by the amazing kitchen staff and their helpers, for which we were very grateful – Thank you!), we were divided into tribes – each with a name of one of



the twelve tribes of Israel. We were just through with that and tarps were put up as the first drops of rain started. Some had come prepared, but the rest were all thankful for the rain ponchos provided. Everyone worked together as teams to get everything under cover and finish setting up the tarp under which to serve the lunch that had now arrived. Although

the rain didn't last long it seemed to keep at bay the bull-ants which had threatened to cause a problem. They have a nasty bite and unfortunately throughout the next few days a few people did get bitten.

After a hearty lunch we set off again and with the enjoyment of the company and eagerness to see where we were going to camp the night, the time and distance seemed to pass very quickly and we arrived at our first camp site with plenty of time to choose our lots and set up camp. It was nice to see all working together.

Different tribes had been assigned responsibility of certain tasks, so each



tribe knew what they were in charge of - who were to set up the tarps, take the worships, approve camp sites, etc. For each meal, four volunteers went back for kitchen duty to help out with washing up and the next meals preparation. Meanwhile the tents and tarps were set up for meals and morning and evening worships. We gathered together for our first worship where we learned of Contentment.

With worship finished and the arrival of tea, we settled down to enjoy a chat over our meal and then retired to some very uncomfortable ground for sleeping. However, some of us slept anyway, and there were no complaints (murmuring being avoided). The next morning most of us rather stiffly arose to a beautiful sunny day and after shaking the water off our tents to hurry the drying process (it had rained again during the night) we gathered for worship. It was lovely being out in nature and discussing the things of God; it made for a beautiful setting. After breakfast we packed up the tents and started along the track once again. The children and youth were eager to keep in front, even with pushing their wagons. It was lovely to see everyone being social and catching up with one another, with no media intervention, as there was no reception or power out there.



It was a bit warmer the second day and we were glad for a rest stop mid-morning. A slight deviation from our route brought us to our lunch stop where we were glad to rest and have plenty of water to drink before the lunch arrived. Some found comfortable enough spots to get some sleep. The afternoon took us through some quite sandy patches in the road and the carts and prams needed helpers to bring them through. The spot for camping on the second night was very nice and shady amongst the trees, and there was a small pond through the trees beside which a few games were played.



The ground was a bit softer and some extra mattresses had been brought for the neediest ones. Again we had worship time with more interesting Bible discussion, this time on Complaints, followed by tea and some games. With only one more day to go we settled down to a good night's sleep.

The next morning's walk took us through some quite sandy and hilly sections of road. It livened things up when our leader, Br Csongi, disappeared for a while, and there was great confusion as to what to do next. Earlier

someone in the group had tried to start a rebellion by suggesting we all hike straight back to camp rather than follow the scheduled walking/camping program. This was another test. Finally things settled down, and we arrived at the lunch site where we had a barbecue lunch. Water was again first priority though, and everyone was looking forward to a long drink, the water bottles being drained earlier. It was the warmest day of the hike so far. There were a few extra people that had joined in since the first day, so there were over eighty of us. The afternoon walk was probably the hardest part of the journey, but thankfully there were a lot of young helpers to assist with getting the luggage and prams up the steep, rocky parts of the road. Soon after camp was set up, on this last evening of our camping out, it started to rain quite heavily and continued into the night.



Unfortunately some tents leaked, and a few people did end up camping back in the dorms but only to turn up for worship back at the campsite next morning. The rain left everything fresh and muddy. After worship everyone hurried the last kilometre or so back to Elim Heights for breakfast. It was a great sight to see the sign over the gate - CANAAN. It was one of the most enjoyable campouts ever. We are so grateful for the effort expended for the youth and those young at heart. The campout couldn't have gone as smoothly if it wasn't for the many people working in the background: Robin Gordon and Peter Szabo transporting water, food, extra campers, kitchen staff and their helpers, toilets and a shower to the campsites; Lidia Voncina and Amy Gules and



their helpers in the kitchen, preparing, delivering and serving food at each meal, out at the camp sites; and especially the huge task that Csongi Matyas undertook in planning and organising the camp, and all who assisted in this. Thank you all so much!

Now it was time to prepare for Sabbath. Everyone couldn't wait to have showers and get their things washed and ironed. That evening we gathered in the church for opening Sabbath with thankful hearts for a wonderful week of fellowship and looked forward to what the Sabbath hours would bring.

Next morning we studied the Sabbath School lesson, followed by the Divine Service taken by Br Radu, our General Conference Youth Leader, who had also been with us on our Wilderness Journey, with a beautiful message on "With God, Nothing is Impossible." The afternoon meeting was wonderful with all the different songs and items of praise presented by various groups.

The evening meeting for close of Sabbath was held at the new Amphitheatre down amongst the trees. It was very special, and thankfully the rain held off once again. At the end of the meeting Robin Gordon presented Sr Weymark with a plaque in gratitude and recognition for her untiring enthusiasm and effort toward the progress and development of Elim Heights and for her years of faithful endeavours in running the Elim Health Store to help finance the buildings and improvements. This plaque was attached to the Youth Hall the next day.



Sunday was the last day of camp and we enjoyed a review of the past week along with discussions and a slide show of a most memorable experience that will never be forgotten by all who participated. We thank the Lord for His watchcare and the blessing of fellowship together.



~ Reported by Esther Wiseman

Summer School – Elim Heights, NSW, Australia

Summer School December 29, 2014 – January 2, 2015

Bright and early at six o'clock, Summer School students were up to face the day, starting with exercises led by Br. Domenic Polistina before worship at 7, followed by breakfast. This was the pattern for the four days of varied presentations from Monday the 29th of December 2014 until Thursday the 1st of January 2015.



“How to Manage Money” was an interesting topic by Harold Kraus, the main points being our relationship to money, earning and managing money, and simplicity. Diana Szabo ran two sessions on Herb Gardening in which the focus was on building an upright, pyramid-shaped herb garden out of wood. Jamie Squires helped us cut the pieces of wood with a circular saw, and after lunch some of the students helped Diana and Jamie complete the frame while the rest went to the next session run by Danica Tyler on “Spending Time with God”. We discussed Bible study and “worthless reading” of “trashy stories”. Our last session for the day was taken by Luke Kneebone, “Standing Up for Your Faith.” After covering points on knowing what we believe, we were then split into groups with each group being given a question about their beliefs; for instance, “Is the law done away with?” We then had half an hour to prepare a short Bible study explaining why we believe what we believe. Luke Kneebone and Deborah Chapman assisted where needed, after which each group was called up in front of the class to show what the Bible says about the subject they were given.



After worship we enjoyed socialising before lights out.

On Tuesday morning, after physical fitness, worship and breakfast, the first lecture for the day was “The Christian and War” Part 1 by Nathan Tyler where he showed why we do not go to war. Paul Chapman took “The Third Angel’s Message in History” Part 1 and traced the prophecy of the seven churches. Alasdair Pow then presented “Guarding the Avenues of the Soul— The Eyes” and explained how the eyes and what we see with them affects the body.

After a delicious lunch, Csongor Matyas spoke of “Making Wise Choices.” The rest of the afternoon Ben Thiel and Robin Gordon taught Practical Mechanics, where we learnt basic mechanics from checking the oil to changing brake disks.

The third day Nathan Tyler continued Part II of “The Christian and War”, in which the history of the SDARM in regard to war was traced. The 2nd session, “The Third Angel’s Message in History” Part 2 by Paul Chapman, finished our study of the seven churches with William Miller. Alasdair Pow rounded off the morning sessions with “What Must I Do To Be Saved?” Acts 16:30, 31 says, *“Believe on the Lord Jesus Christ, and thou shalt be saved”*.



Following another scrumptious lunch, Nathan Tyler followed on with Session 4 on Guarding The Avenues of the Soul—The Ears (Music). For the fifth and final session for the day, we again enjoyed Practical Mechanics, where, among a number of other things, we learned about checking fuses.

We had fruit salad for tea and afterwards enjoyed a cake for Aaron Pow’s 13th birthday.

The evening meal, worship and evening social time were enjoyable for the students before lights out.



Thursday, the final day, we had our exams. The rest of the morning Sr Lizzy ran two cooking sessions in which four categories, Savoury, Vegies, Salad, and Sweets were divided among the four groups. We all joined in with preparing Lunch, except for the Sweets group who prepared food for Tea. Lunch was delicious and afterwards Deborah Chapman went over the exams with us.

Amos Thiel then took two sessions, one on “Healing Herbs” and the other on “Natural Treatments”. We learnt of the healing powers of Cayenne and about Detoxing. The last demonstration was a hydrotherapy treatment: “Creating an Induced Fever”.

Friday morning we left Elim Heights for home, taking with us the blessing of what we had learned. We thank Sr Deborah Chapman and the whole team for all the work that was put in to make the summer school possible. We thank God for the opportunities He gives us and the gift of learning.

Reported by Nathan & Jane Wiseman

For more photos: <http://www.sdarm.org.au/?p=7331>

Woombye Church, Queensland – 2014 Activity Report

Christian greetings from the Woombye Church, Queensland. I can only praise God for how wonderfully He has blessed our church this year. When we are few in number, we depend on the Lord to make something big of our small endeavours. Every Sabbath is a miracle as we do not know whether we will be meeting with just a few or whether God will send the visitors that day! We look forward to Sabbath School and the Divine Service every week and our busier Sabbaths when everyone comes from Clayfield church, Pimpama and Wide Bay groups. We also put out the word to our local friends that we have made, and our numbers swell for the day.

On 21 February 2014 we had a total of 83 people attend for the combined day, which culminated in the baptism of Br Etienne Decuyper. On 17 May 2014 we were blessed with another special day for the dedication of baby Lucas De Souza, with over 60 people attending and our visiting Minister, Br Matthias Thiel. We were happy to have over 50 people attend the Sabbath of 14 June 2014 when Br Peter and Sr Susan Lausevic visited our church while having a holiday in the area.

From the 5 to 7 July 2014 we held a Winter Outreach. This was the second year that this kind of outreach had been held. It commenced with Sabbath, and Sunday and Monday were outreach days. The programme started off at the church with morning devotion. From there we went out letterboxing until lunch time, when we met in a park to eat together.

After lunch we had a social outing together and then returned to the church to prepare the evening meal, have our evening devotion and then eat the meal together. This event was a great encouragement to all who participated, and we were truly blessed by working, socialising and worshipping together. At the end of this special spiritual time, it is always echoed, "Let's do it again next year." So, keep your ear to the ground and plan to join in the Outreach for Winter 2015.



For nearly six months God has sent us regular visitors to share our faith with and encourage us with our Sabbath meetings. We have been able to increase our Sabbath afternoon meetings and combined lunches from monthly to fortnightly, and we are praising God for the work He has given us to do.

We have just had the special privilege of having Br Hayden Wiseman visit with us, as he had agreed to present a violin concert on the afternoon of 29 November 2014. Only those from the local area and Wide Bay Group were able to attend; so we invited many friends, and we had a wonderful day with almost 50 people present. Hayden played heavenly music, and the concert finished at the close of the Sabbath. We were then able to share a beautiful evening meal together. It was lovely to see everyone enjoying the fellowship, and it seemed no one wanted it to come to an end.



Hayden also gave a public concert at Woombye the next day, when he presented some of his classical pieces he has learnt this year and also the well-known hymn transcriptions which he plays so well. Hayden gave God the glory for his talent and shared stories of the composers of the hymns, which were well received. Daniela and Elisabeth Balarezo were also guest performers, presenting a classical piece each from their repertoire studied this year. It was a wonderful experience to perform in a public concert and accompany

Hayden and Elisabeth on the piano for the classical performances.

We are now enjoying special Sabbaths at church with the Week of Prayer readings. We pray God will bless us as we witness for Him at Woombye Church and hope 2015 will bring us even greater blessings.

God bless.

~ Report by Sr Sandra Barnett

For more photos: <http://www.sdarm.org.au/?p=7361>

The Power of Song – Thoughts from E G White

“The history of the songs of the Bible is full of suggestion as to the uses and benefits of music and song. Music is often perverted to serve purposes of evil, and it thus becomes one of the most alluring agencies of temptation. But, rightly employed, it is a precious gift of God, designed to uplift the thoughts to high and noble themes, to inspire and elevate the soul.

As the children of Israel, journeying through the wilderness, cheered their way by the music of sacred song, so God bids His children today gladden their pilgrim life. There are few means more effective for fixing His words in the memory than repeating them in song. And such song has wonderful power. It has power to subdue rude and uncultivated natures; power to quicken thought and to awaken sympathy, to promote harmony of action, and to banish the gloom and foreboding that destroy courage and weaken effort.

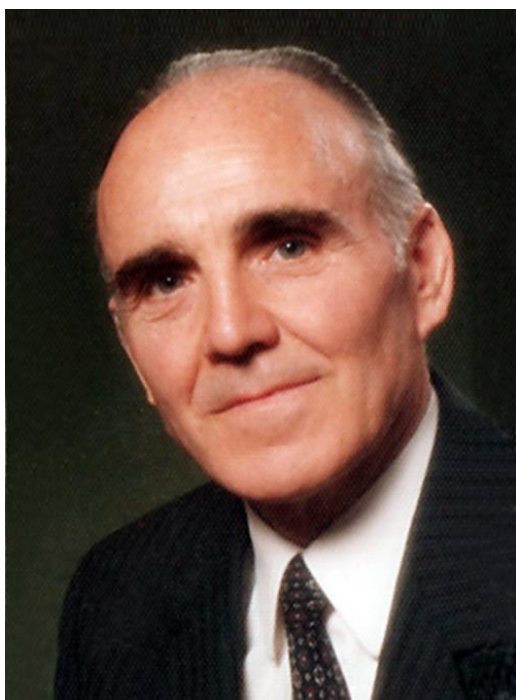


It is one of the most effective means of impressing the heart with spiritual truth. How often to the soul hard-pressed and ready to despair, memory recalls some word of God's--the long-forgotten burden of a childhood song--and temptations lose their power, life takes on new meaning and new purpose, and courage and gladness are imparted to other souls!" *The Voice in Speech and Song*, pp. 407, 408.

Condolences to Volpp Family – Wilhelm Volpp

Brother Wilhelm F. Volpp Resting in the Lord 1926 – 2014

Pastor Wilhelm F. Volpp went peacefully to his rest at the age of 87 (four days away from his 88th birthday) at his home in Germany, around 10 a.m. German time, on Tuesday, December 16, 2014. Due to age, his health condition was gradually deteriorating in the last few weeks.



A native of Germany, Bro. Volpp came to the SDA Reform Movement in his youth, and from that time he served extensively in Germany and all Europe as a minister of the gospel. He was the architect of the work in Europe as teacher and defender of the truth. He was quite knowledgeable in many subjects, yet he had a certain grace and humility about him, characteristics of true Christian faith. He was a strong man with a large heart.

He was a man of integrity and principle with great love for the Present Truth. From 1975-1979 Brother Volpp served as Vice President of the General Conference and from 1979-1983 as the President of the General Conference. He also served as Regional Secretary in Africa from 1983-1987. During his retirement years he was still quite active, cheerfully assisting when needed. He was the main teacher and the director of the Missionary School in Germany that produced many workers for the international community.

Many souls were greatly blessed by the faithful courage of this man of God and were tremendously benefitted by his honest and practical ministry. This soldier of the cross will be greatly missed by all.

We send our heartfelt condolences to his wife Sister Christine, his daughter Julie, and members of his extended family.

On behalf of the General Conference,

D. Sureshkumar, GC Vice President

Condolences to Gorsch Family

Heinz Gorsch – 24/5/1924 – 14/12/2014

We extend our condolences to the family of Heinz Bruno Verner Gorsch who passed away on the 14th December 2014 at Pambula Hospital at a grand age of 90.

Heinz was born in what was then called East Berlin on 24th May 1924. He grew up in Europe where he met the love of his life Ingrid, and they were married in 1951. Together with his wife Ingrid, he immigrated to Australia in July 1972 with three of their four children. Since arriving here, he fell in love with this beautiful



country and had much joy in building their home out in Wyndham. Heinz was a hard worker and a very creative person; he loved building things with his hands.

At his 90th Birthday, it gave Heinz much pleasure to see most of his family come together, and being with them all made him very happy. How wonderful it was for him to be able to see his descendants and reminisce back on what he accomplished during his lifetime. He had been a very active person until he took sick, not long before passing away.

Heinz will be greatly missed by his four children Reinhold, Angela, Rosemary and Jo, his eleven grandchildren and eighteen great-grandchildren.

May God comfort the family, especially his wife through this sad time.

“And I saw a new heaven and a new earth: for the first heaven and the first earth were passed away; and there was no more sea. And I John saw the holy city, new Jerusalem, coming down from God out of heaven, prepared as a bride adorned for her husband. And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and he will dwell with them, and they shall be his people, and God himself shall be with them, and be their God. And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.” Revelation 21:1-4.

Baptism - New Zealand

Billy Te Kahika and Doug Thirkettle



It was on Sabbath, 13th December 2014, the day where the churches of the Seventh Day Adventist Reform Movement were reading on the focal topic: “The Doctrine of the Remnant”. Right after the fellowship lunch in Auckland Church, the whole band of members and friends met at Shelly Beach to witness the baptism of Brother Billy Te Kahika Jr. and Brother Douglas Thirkettle. It was a wonderful day where our brethren from Auckland district, New Plymouth, Palmerstone North, and friends from Hamilton and Thames were gathered together. On that day two souls were added to our church in Auckland. To God be the glory!



Testimony from Brother Billy Te Kahika

One of my first memories as a child is praying to God at night for protection, and I can't remember who told me there was God, but I knew He was there – somehow I just knew even though my family was not Christian. When I was about 11 years old I had Christian neighbors who first gave me the story about Jesus, and when I was 12 I said the Lord's prayer and asked Him into my heart. All this was with the help of the lady who lived next door, who kindly showed me the love of Jesus.

But when I was 16 and with the introduction to my dad, I fell into the world of New Age and mysticism, which verged on spiritualism; and for 3 years I lived in darkness until a strange event. My father had a New Age conference at his house, and we had left-over food. So he asked me to deliver the food to a friend of his who too was also having a gathering – but his one was a Christian meeting.

Again, from this the Lord entered my life. After starting a Christian walk, I encountered the Adventist message, which I adopted. I was baptised at the age



of 21 and soon after became a famous musician which tore me from my walk with Jesus. I then had about 6 years without the Lord, and I experienced the pain that comes when you walk away from Him. After this, I came across the Seventh Day Adventist Reform Movement through an Adventist uncle – I knew that I had found a home and that the message was truth. I then went away from it, and 5 years later came back again.

Five years after that, I was baptised this past December as a member of the church. To do that I had to give up my music career which had been my life – but compared with what God has done for me this is a small price to pay on my part to be in God's family.

When I look back, I cannot believe how patient God has been with me and the protection and mercy He extended to me while I was in the valley of decision. I praise Him and thank Him so much for everything he has done for me and my family.

I thank Jesus with all my heart for His love, mercy and grace and for putting me in God's church. I pray that with my recent election to help church missionary work that God will use me to bring other people home to His church in preparation for His Son's soon return to take His children home to heaven. Amen.

Testimony from Brother Douglas Thirkettle

It was an autumn night of the year 2014. With a bowed head and on bended knee, my silent prayers ascended to heaven. A small tear formed in the corner of my eye, and growing, it broke free from its home, first rolling and then running down my cheek, dropping to the floor where it was soon followed by another, then another, until a steady cascade of large, hot tears of grief accompanied my now breaking and mournful appeals to God for the forgiveness from my sin and freedom from its bondage.

"But it is happened unto them according to the true proverb, The dog is turned to his own vomit again; and the sow that was washed to her wallowing in the mire."
2 Peter 2:22.

The gospel that my life was molded around began in the Sunday church, continued in the SDA main church and was established in the SDA independent ministries. This is that gospel: 'Believe in Jesus for the legal acquittal of your sins and repent and turn from your sins and you will have a title to heaven and with everlasting life, escaping the punishment of eternal death.'

I felt like the Israelites in Sinai. I had the law, but keeping it seemed impossible. I knew I had to repent and turn from sin...but how? Like Paul I cried, "the good that I would, I do not: but the evil which I would not, that I do. O wretched man that I am! Who shall deliver me from this body of death?"

It was a deficient understanding of the plan of salvation that saw me locked in the cycle of falling, rising, walking, even running and then falling. Someone told me this was sanctification, and the process would go on until you finally built the strength not to fall and were able to stand. One person estimated this could take 21 days so new neural pathways could develop if you didn't yield to sin during that time. Another said the process was a work of a lifetime and would be complete at the close of probation, the end of your life or under the great test of the Sunday law.



If I only sought Jesus for the reward of eternal life, or to escape the punishment of destruction, I would be at ease with this gospel. But my tears spoke of the grief I held in my heart for crucifying my Saviour afresh and denying my Lord in the presence of angels. It wasn't pardon alone that I prayed for but purity of heart: freedom, victory, perfect deliverance from the bondage and defilement of sin.

I began to collect and read books on how to find and live the life of victory. Like the morning sun, the light of truth began to shine on my soul, dispelling the dark shadows of falsehood, error and deceit that had bound me to sin. Then one day I read a sermon by brother A. T. Jones entitled, "Creation or evolution...which?" As I read it, it was as if he was perfectly describing my condition...I was a spiritual evolutionist! My eyes were opened...the scales of blindness to my own spiritual poverty and weakness fell from my eyes.

I found where I had diverged from the truth: I had been trying to find a way to make an unclean thing clean, washing it with the nitre of good works and law keeping, and taking much soap of effort, will power and human techniques. But now I was discovering that regeneration is not an improvement or transformation of my old life, but an entirely new creation. I was born again in repentance, not merely in theory or in assent to an ideology but in a new, living way. A practical, tangible, life-changing experience. I found God's forgiveness as not only pardon for sins that are past, but the reclaiming from sin's iron grip. Jesus was now to me a truly divine Saviour. He had saved me from my sins, taken them away from me and cast them into the depths of the sea. Instead of working with my strength that I thought was God's strength, I now trusted in God to uphold me with the right hand of His righteousness and by His free Spirit. Victory was not to me a final event that involved the establishment of my strength and power above the lure of temptation, but a moment by moment relationship with Jesus where I had complete distrust of myself accompanied with an entire dependence and reliance upon Him: that He would be faithful who promised to keep me from falling.

Then it happened one day during some research I was doing on the '1888 message', I came across a website informing me of a movement formed and founded upon this message. Could it be? Not just fellow believers but a whole church built upon the truth I now loved and thirsted after? I must know more; I must find these people!

Excitedly I devoured the online Present Truth Correspondence Course and soon after contacted the SDARM Australian Union who put me in contact with A. Pedrosa of New Lynn, Auckland. After his visit to Thames, along with Bro. Sam Batger, I decided to leave my job and my friends and move to Auckland to be in contact with this church. So I did. Studying with Bro. Pedrosa, I learned the importance and divine implementation of organisation, the history of the SDARM, its place in prophecy like Rev. 14 and Sister White's prophesied reformation of the SDA church, and the doctrinal truths the church professed.

I was convinced that prophecy established the church, history confirmed it, and its doctrine seemed as pure and clear as a mountaintop stream. Only one question plagued my mind: Was this still God's people? Or had He departed like He had from the Jewish, early Christian, Protestant and mainstream SDA churches? The only way I could think of how to ask God to reveal it to me was by whether or not it taught the truth that had freed me from my known sins and turned me to rely on Jesus instead of myself. Did they have the everlasting gospel?

I held Bro. Pedrosa as the means by which God would confirm or deny my desire to know the truth...and although my brother is merely a man, I knew God could answer my prayer through him. What was his position on justification? Did he hold it as only a theory for the legal declaration of pardon for sin, or the experience of a new birth, the creation of a new Christian in the image of God?

We had studied the theory together, but did he believe it? Would he preach it? I waited week after week...sermon after sermon, listening, hoping, desiring for the confirmation to my prayers. Then one Sabbath he presented, "Christ Our Righteousness," as the afternoon lecture. My spirits soared. From that day I knew that this was God's church: I had asked God to teach me His way, and He had revealed a plain path.

After completing the required studies with my friend, brother and pastor, I was ready for baptism, to be a member of the body of Christ and to give myself to His service. I had at last found rest from my long wanderings. I had finally found what I had been looking for: my church, my work, my home, my family.

Praise God.

~ Reported by Br Arnaldo Pedrosa

For more photos: <http://www.sdarm.org.au/?p=7507>

Condolences to Cay-ohen Family - Philippines

Adellina Cayong Cay-ohen – 10/12/1925 – 12/12/2014



We are saddened by the news of the passing away of Br Peter Cay-ohen's mother, Adellina Cayong Cay-ohen. The Australasian Union Conference would like to extend our condolences to the grieving family. Sr Adellina passed away on the morning of 12th of December 2014. Brother and Sister Cay-ohen Senior were two of the first people to be converted to the SDARM when Bro. Milivoj Dimitrijevic came as a missionary to Baguio City in 1978. Sister Cay-ohen remained a member of our church until her death. She died at the wonderful age of 88. May God comfort those who are mourning.

"But I would not have you to be ignorant, brethren, concerning them which are asleep, that ye sorrow not, even as others which have no hope. For if we believe that Jesus died and rose again, even so

them also which sleep in Jesus will God bring with him. For this we say unto you by the word of the Lord, that we which are alive and remain unto the coming of the Lord shall not prevent them which are asleep. For the Lord himself shall descend from heaven with a shout, with the voice of the archangel, and with the trump of God: and the dead in Christ shall rise first: Then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord. Wherefore comfort one another with these words." 1 Thessalonians 4:13-18

Picture on right: Sr Adellina weaving the traditional way. Bro. Milivoj Dimitrijevic used to buy thread for her to use in her weaving work. The young girl in the background is Perlynette N. Cay-ohen one of her grandchildren.



Cardio Health – Wentworthville Outreach



Health Outreach by Wentworthville Church – Cooking Classes December 8th 2014

On the 8th December 2014 Wentworthville church held its second cooking class. This was the second of many which we plan to have, as a regular class every 2 months. This way we can have contact with the local community more often. The classes were held in Wentworthville Community Centre, and the theme of this class was, Cardio Health the Vegetarian Way. Heart diseases being the top killer in Australia, we wanted to focus our class and health lecture on foods that particularly promote heart health, help prevent different heart diseases and even

aid in recovery from heart disease. We focused on popular diseases such as arteriosclerosis, pectoris angina, heart attacks etc.

We had a great response of people coming to the class (about 25), and we saw many familiar faces also. We began the night with Amos Thiel giving a 30 minute health lecture about heart disease and specifically its relation to nutrition. He spoke on some other great points such as exercise and gut health.

Then we went straight into the cooking demo! The dishes that we presented were:

1. Cereal Bars
2. Chickpea Salad
3. Potato and Pea Dish
4. Wholegrain Spaghetti with Creamy Avocado Pesto
5. Zucchini Wrapped Vegan Mini Quiches
6. Pistachio Balls
7. Banana Drops

They were all very yummy dishes, and all the meals would fit in well as part of someone's diet that has or has had a difficulty with heart problems. Our cooks did a fantastic job and worked hard and presented well! Our cooks were Nadine Polistina, Stella Gules, Lizy & Alyssia Thiel. It was Alyssia's first time at the front. She was actually demonstrating while Lizy was talking the participants through; so it was great teamwork, and they did well! Also we had many important helpers at the back preparing, plating, serving etc. And they all did a great job too.

We have had great responses from these cooking classes so far, and I would like to share one experience we had with one of our participants. After we had finished our Cardio cooking demo, we went and greeted one lady who we made contact with from the first cooking class. She had come along to our first cooking class on brain food and loved it and told us how she had tried all the recipes and enjoyed them very much. She went on to say that these cooking classes have helped her so much and that from the first class she realised that she wasn't giving her family nutrition. The class helped her adjust her style of cooking and start cooking more healthfully for her family. We thought that that was such a great blessing to know, but then she continued to say that since the first cooking demo in September till now (in December) she had lost 20 kg! Wow! This blew us away. I'm not sure if she was exercising in that period. I believe she might have been, but this lady, by changing and modifying her diet and cooking more healthfully and perhaps exercising was able to accomplish such a great feat.

We praise God for her sharing that with us; it really encouraged us, and I hope it may encourage you also. How much we can help people through simple means, such as a cooking class. We give thanks and praise to

our heavenly Father for blessing and helping with these classes and for doing such a great work in people's lives. We plan on doing our next class on Diabetes and look forward to it!

~ Reported by Domenic Polistina

Zucchini-Wrapped Mini Vegan Quiches

INGREDIENTS:

3 medium zucchinis – 2 sliced on mandolin, 1 diced
½ red pepper, diced
1 onion, diced
2 cloves garlic, crushed
⅛ teaspoon turmeric
500g block firm tofu, drained
4 tablespoons vegan mayonnaise (see recipe below)
¼ cup soy milk
1 tablespoon tahini (sesame paste)
1 teaspoon onion powder
1 tablespoon corn starch or potato starch
1 ½ teaspoon black* salt (*Black salt optional, if omitting then use regular salt*)
pinch cayenne pepper
bunch fresh chives or green onion
cooking oil spray or baking paper for base



*Black salt is an amazing nutritional mineral that naturally has the smell and taste of eggs. Look for it in Indian food markets.

METHOD:

1. In a large saucepan, sauté the onions, garlic, red pepper, zucchini and turmeric; cook for about 5 minutes until softened but not overcooked. Set aside to cool.
2. Slice the 2 zucchinis on a mandolin slicer lengthwise or cut with a paring knife as thinly as possible, (the slim ends close to the edge; cut up and add to your vegetable pan.) Position them in a muffin pan.
3. In a food processor, mix all the remaining ingredients except chives or green onions. Place in a large bowl; add the cooked vegetables, chives or green onions, and mix to combine. Taste and adjust your seasonings as you wish.
4. Spray the muffin pan with oil spray – or cut round disks of baking paper and add to the bottom of each cup in your muffin tin, so it is easier to take them out.
5. Place tofu mixture into each zucchini cup. Bake at 180°C for 25-30 minutes. Leave in muffin tray until set.

Makes 12 quiches. Garnish with lots of chopped green onions or chives.

Vegan Mayonnaise

½ cup soy milk
¼ teaspoon salt
2 – 3 teaspoons lemon juice
¼ cup oil

Blend all ingredients on high until well blended.

For more photos: <http://www.sdarm.org.au/?p=7401>

December Youth Focus Meeting - NSW

6 December 2014 – Final meeting for year

As 2014 is coming to a close, the NSW youth leaders organised our last Youth Focus Meeting (YFM). The theme of the night was Homemade Ice Cream, and what a lovely warm evening for it. Br Matthias gave us an introduction to the life of Martin Luther from the 16th century, which was followed by the movie



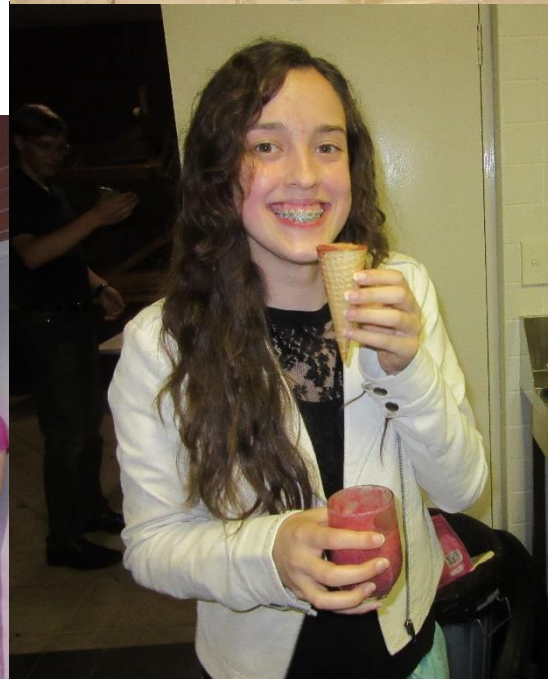
'Luther'. During intermission we all enjoyed a delicious finger food dinner with a dessert of mango, raspberry, banana, strawberry, and mixed-berry homemade ice creams. We then returned to the church hall to finish the movie

and close the night.

Many thanks to our youth leader and assistants and to everyone who made YFM possible throughout the year. We are all looking forward to 2015 and many more opportunities for fellowship evenings and outings with our young people and young people at heart.

"Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord". Colossians 3:16.

~ Reported by Kiara-Shaye Hake



For more photos: <http://www.sdarm.org.au/?p=7597>

Missionary Outreach – Adventist Aged Care

Adventist Aged Care – Kings Langley Village



Praise the Lord for our last opportunity in 2014 to praise His name in song, instruments, poems, and words of encouragement. The importance of not forgetting Christ at this time of the year was the theme of the outreach presentation at the Kings Langley Adventist Retirement Village.



Schofields' church singers sang, 'O Come, All Ye Faithful' and 'While Shepherds Watched Their Flocks', and many nursing home residents joined in with singing along and playing the harmonica. Focus singers praised the Lord with, 'Hark the Herald Angels Sing', 'Holy Holy Holy', and 'Angels We Have Heard on High'. Poems were shared by both Maryanne Stoyko and Harry



Wily, entitled 'Don't Forget Jesus' and 'The Lord's Light Within'. 'Silent Night' was played on the guitars and sung by Abraham and Alyssia, and then all sang together for the final verse. A surprise clarinet item was prepared by Cameron and Alyssia, 'In His Time'. Special items by the men, 'If That Isn't Love',

and ladies, 'Now Dear Lord as We Pray', were presented and much enjoyed by the residents and guests of the nursing home.

Every opportunity was taken to join in with favourites from the songbook. In closing, we were all thanked by the nursing home organiser for sharing the past year with them on different occasions and were invited to come back for their Sabbath service and afternoon presentations again in 2015.



We pray that the nursing home residents may have a deeper understanding of what the birth of Jesus really meant.

~ Reported by Kiara-Shaye Hake

For more photos: <http://www.sdarm.org.au/?p=7449>

WA Field Youth Camp 2015 – Easter Weekend

Title: “Getting to Know God”

Dates: 3 – 6 April 2015

Venue: Lake Navarino Holiday Park, 147 Invarell Road, Waroona

Costs:

Unpowered Standard	Peak *
Nightly Rate (for 2 people)	\$28
Extra Adult	\$14
Extra Child (check age with campsite)	\$7.00
Discount Single	\$14

What to Bring:

- Your own tent
- Your own food
- Drinking Water (I think) (check this up with campsite)
- Bedding
- Bibles

All are welcome to attend our upcoming Easter Weekend Youth Camp. The aim of the youth camp is to get to know God, what he means to us personally, and why he is so vitally important to us all at every stage and part of our lives. We want **you** to attend!

The camp will be a simple tenting experience in the beautiful natural surrounds of Lake Navarino. Physical activities will involve kayaking as well as some surprise activities.



If you would like to attend but do not have a tent and are unable to procure one, please let us know and we will do our best to help you.

RSVP: Mob 0433 283 135 - Please let Catherine Robles know by Friday 20 March if you would like to join us.

GPS: -32.845389, 115.976850

<http://www.navarino.com.au/camping>

NEW! health tracts

Are you planning an outreach or just need tracts to hand out?

The AUC Health Department has produced 12 Health Tracts.

*Please pre-order by **2nd March**, so we can bulk order and pass on a better price to your church.*

1. Keeping in Shape
2. Fresh Air
3. Optimal Nutrition
4. Healthy Sunshine!
5. Thirsty Business
6. Positive Thinking
7. Healthy Sleep
8. Getting the Balance Right
9. Controlling your Cholesterol
10. How to Stay Slim Without Dieting! Part 1
11. How to Stay Slim Without Dieting! Part 2
12. Transform your Health



RLPA

info@rlpa.org.au

02 9627 7553

Coming Events Calendar

3-6 April 2015

Vic/Tas Conference Camp – “Christian Life Skills”

*Location: Alexandra Adventure Resort
43 Murrays Road Whanregarwen Vic 3714
For Further information email vic@sdarm.org.au
Online: www.sdarm.org.au/vic2015
Telephone: +61-(0)3-9331-6432 or Mobile: 0421 077 553*

3-6 April 2015

WA Field Youth Camp – “Getting to Know God”

*Location: Lake Navarino Holiday Park,
147 Invarell Road, Waroona
For Further information: Catherine Robles - Mobile: 0433 283 135*

8-11 April 2015

New Zealand Field Conference – “Jesus: The ‘I Am’”

*Location: Campbell Park Christian Camp
280 Molesworth Drive, Mangawhai Heads, New Zealand
For Further information email nzfield@sdarm.org.au
Telephone: +64 9 825 0247; Mobile: +64 2 153 8179; 64 2 135 1844*

5-8 June 2015

NSW Conference – more info coming soon

Location: Elim Heights Youth Camp, NSW

3-5 October 2015

Queensland Conference – more info coming soon

22-26 December 2015

Education and Family Camp – more info coming soon

*Location: Elim Heights Youth Camp, NSW
For Further information email education@sdarm.org.au
Telephone: +61-(0)2-9627-7553*

25 Aug - 8 Sept 2015

22nd GC Delegation Session – Delegates only

*Location: Wirtz, Virginia USA
For Further information <http://gcsession.sdarm.org>*

10-13 September 2015

**22nd GC Session Spiritual Meetings – Public
“Christ Is All, and in All”**

*Location: Salem Civic Center, Taliaferro Complex, Salem, VA, USA
For Further information <http://gcsession.sdarm.org>*

GOOD TIDINGS E-NEWS

Electronic Newsletter of the Seventh Day Adventist Reform Movement, Australasian Union Conference

PO Box 132, Riverstone NSW 2765, Australia

Tel: (02) 9627 7553

Email: goodtidings@sdarm.org.au

Web: www.sdarm.org.au

Editor: Paul Chapman

Associate Editor: Lidia Voncina

Design: Tabitha Hauptmann

If you no longer wish to receive the Good Tidings e-news, please click unsubscribe: [UNSUBSCRIBE](#)